



SEPTEMBER | 2017

TCC JR/SR High School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| | | | | 1 Pulled Pork Sandwich Mac & Cheese Green Beans Applesauce Milk |
| 4 <i>NO CLASS</i> | 5 Chicken Patty Sandwich French Fries Fresh Veggies w/ranch Fruit Cup milk | 6 Salad Bar Yogurt Roll & Butter Fruit Cup Milk | 7 Pizza Salad Mandarin Oranges Milk | 8 Hot Dog Baked Beans Tots Fresh veggies/w ranch Fruit Milk |
| 11 Choose 3: Bsoco Egg & Cheese Breadstick or Breakfast Pizza or Yogurt or Cereal Everyone gets Hash Brown Sausage Mandarin Oranges Milk | 12 Chicken Quesadilla w/toppings Corn Beans Applesauce Milk | 13 Salad Bar Yogurt Roll & Butter Fruit Cup Milk | 14 Cheese Ravioli Salad Roll & Butter Fruit Cup Milk | 15 Pulled Pork Sandwich Mac & Cheese Green Beans Pears Milk |
| 18 Pizza Salad Fruit Cup Milk | 19 Walking Taco / Beef Soft Taco Corn Beans Fruit Cup Milk | 20 Salad Bar Yogurt Roll & Butter Fruit Cup Milk | 21 Chicken Parmesean Pasta w/ marinara Salad Roll & Butter Fruit Milk | 22 Hot Dog French Fries Vegetables Pears Milk |
| 25 Chicken Ranch Wrap Tater Tos Baked Beans Fruit Cup Milk | 26 Pulled Pork Sandwich Mac & Cheese Green Beans Fruit Milk | 27 Pizza Salad Fruit Milk | 28 Chicken Quesadilla Corn Beans Fruit Milk | 29 Hamburger Gravy Mashed Potato Green Beans Roll & Butter Fruit Milk |

News

What's on the Salad Bar?

Fresh Tossed Salad
Popcorn Chicken
Grilled Chicken
Pepperoni
Broccoli Florettes
Baby Carrots
Bell Peppers
Tomato
Cucumber
Sunflower Seeds
Cheese
Croutons

If you don't like the daily main entrées choices you can order PB & J or a Big Salad in its place.
Served daily

Look for the ala carte items in the cafeteria.